 LJIEH YOU ALL A YERY


# L.C.R.A. Newsletter - Issue No. 77 <br> Thursday, 2nd March, 1978 

## EDITORIAL

Once again we are pleased to present another Ramblers Newsletter - the second under the present management. As there are quite a number of new members since the previous Newsletter was published, may I welcome them to the Association and hope that as they read their first Newsletter they will feel that the information contained in it proves useful and that other articles in it give them an insight into the many varied activities taking place.

On the Rambling side of the club this is a very eventful time of the year. Not only are there a number of interesting Sunday rambles in the coming weeks, but there are also two special events. These are firstly the Keswick Weekend
(3rd - 5th March) and also the Caravan Weekend (Easter Weekend - 24th - 27th March). These events always prove to be enjoyable - if you have not been to either before drag Gerry Roocroft out of the bar one Thursday night he'll be pleased to tell you all about them. Failing this - drag Brian Keller out of the bar, he'll also be pleased to tell you all about them too.

On the Social side, new members will, of course, know about the regular meetings on Thursday nights, but many other social events are suggested by the Cormittee and Members and 'nights out' at various places ocour quite frequently.

Now, then, here is something you can do, if you have a suggestion for a night out or other event, go to the bar on a Thursday night and drag out either John MoLindon or Alan Joynson. They are the people who deal with the social side of the Club. They can also tell you of any special events coming up. In fact, do you think you would like a try as a D.J. on a Thursday night - well, if you look elsewhere in the Newsletter you will see we have vacancies for D.J.'s on 6th April and 13th April. Please contact John or Alan.

There are a number of reports on rambles which have taken place contained in this issue - I hope these will prove of interest to new members who have not tried a walk yet. Miay. I thank Mary Clare for an interesting report on her first ramble with the Club - I hope many new ramblers will also decide to write a report on a walk they go on.

We at the Newsletter are pleased to accept any articles from any member for publication. The more we receive, the more interesting and beneficial the Newsletter will become. So please remember Items are now being collected for inclusion in the next Newsletier: -

DRAWINGS
ANNOUNCEMENTIS
REPORTS ON SOCIAL EVENTS SOCIAL INFORMATION
PIECES OF GOSSIP
CARTOONS

REPORTS ON RAMBIES RAMBIES INFORMATION
,
£5.00 NOTES
SONGS
IETTERS TO THE EDITOR

ANY PIECE OF WORK FROM ANY MEMBER。

The closing date by which articles must be sent to me is Thursday, 30th March.

They should be sent by post to:

> Laurence Kelly
> 33 Ashfield Road, Aigburth, L'Pool 17 .

The next Newsletter will be published on Thursday, 20th April, 1978.

Finally, I hope all of you have enjoyed reading this Newsletter and we thank all of these people who have contributed items to it. Once again a big thank you to Angela Platt one of our typists and a big thank you to Elauline Sallon our new typist working for us for the first time, and to Eric Kavanagh who persuades our machine to print this Newsletter.

The Newsletter Committee wish you all a Very Happy Easter.

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RAMBLE TO MILLERS DALE - 22ND JANUARY
``` (Through the eyes of a Novice)

As I lay in bed listening to the howling wind and the rain lashing against the windows, I was glad it was Sunday morning - but not for long, I suddenly remembered that this was the day that \(I\) was to venture on my first ramble.

We all met at \(10.00 . a . m\). and boarded the coach. We were going to a place called Millers Dale in Derbyshire, where there had been reports (on Radio City News) that morning of four foot snow drifts, but that didn't seem to worry any of the others.

As we got nearer our destination we began to see patches of snow and by the time we reached 'The Cat and Fiddle Pass: there was thick snow everywhere. Next came the fog - but everyone seemed cheerful. Apparently nothing puts a rambler off once he sees open space.

As we reached our lonely destination in Cheedale the fog miraculously vanished. We were to follow a path by a river. As we rounded a bend we were somewhat surprised to see that the path led into the river and it wrs then that we realised our leader, Dave Newns, had a sense of humour. To be fair the river was rather swollen that day. There ensued a mad scramble up a muddy slope to an old railway track. We followed the track into a long dark tunnel. It didn't calm our nerves to hear Dave doing impressions of trains coming up behind. When we reached daylight again we had something to eat.

After crossing some very nice countryside, and a few not so nice fences, it began to snow for the first time. Dave then decided to do his impersonation of 'The Grand Old Duke of York'. We marched up, what to me seemed a very steep hill, then after consulting his map (which maybe was upside down) we turned around and Dave marched us down again (or should I say slid down). It had stopped snowing and we went through more long dark and dripping tunnels. I was sure something was going to leap out from the blackness, but we survived. At the end of a tunnel we stopped to eat again. Tunnels seem to make Ramblers hungry.

We reached Monsal Dale at about 4.00.p.m. and it was very pleasant as the sun was shining and the birds were singing.? We reached the road at dusk, boarded the coach and headed for Buxton, where many of us changed in the 'Ladies Toilets'. (The females, I hasten to add).

Then came the main business of the day - the pub. Wearrived at the "Carr Mill" as it was opening and needless to say thoroughly enjoyed ourselves.

In conclusion I would like to add that apart from the fresh air, beautiful surroundings and the realisation that I was getting fit at last, what made the Ramble really enjoyable was the friendliness and humour of the group, plus the sympathetic consideration of the leader.

Dolores Kennedy

\section*{RIVINGTON BARN WALK}

Sunday, 8th January, 1978.
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'B' Walk - Leader, Alan JOYNSON

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We arrived at Rivington Barn after arriving by coach. We had a break in the barn for tea and coffee. Then the two parties were off on the walk. The ' \(A\) ' walk went to the mast area; the family section had organised a Treasure Hunt; the 'B' walk followed the same route as last year - down to a stream on a dull but not wet day. The mist cleared so we could see the picturesque area. Circling round up a path we saw a grey horse which was patted and made a fuss of by the ramblers. On through fields and mud and water. Up a steep incline, down a bridle path to a farm, walking over a bridge to a man-made waterfall. Then back to the barm to change.

The 'B' walk arrived late for the supper. The food was excellent as usual - with second helpings. After everyone had finished, the tables were cleared. The children had musical chairs and various games with sweets for prizes. After the children had had their runaround the adults came onto the floor. A first class caller, Kay Martin and the Houghton Dance Band. There was plenty of room even with about 200 people present.

At 9.15p.m. a wonderful night was ended back on the coach looking forwarded to the next Rivington in 1979.

Thanks to Alan Joynson for a well-led walk, he hopes he has more like that. Thanks to Ann Saunders and Mr. Magic - John Waite for their work in making this event possible.

\section*{SOCIALITE}

\section*{Dear Ramblers,}

On the social side of the Club it is very pleasing to see the numbers rising at Tom Halls Tavern every Thursday night. We are also getting a lot of new members down and that alone shows the interest in the Club and brings new faces on our Rambles on a Sunday.

On l6th March the Social Committee are hoping to arrange a Ceoil Dance at the Club Rooms. This will be our St. Patrick's Eve Dance and there will be a late extension more details will be given nearer the time.

Before that date we have a Rock and Roll Night and a Golden Oldie Night as well as new D.J.'s who could become the Jimmy Saville's of the Ramblers.

Finally, anybody who would like to write to Bernie and Paul Stafford, and also Dave Holden, their addresses are given below. They all send their best wishes to everybody in the Club.

\section*{John McLindon}
(SOCIAL CHAIRMAN)
\begin{tabular}{l|l}
\hline Bernie and Paul Stafford, & \begin{tabular}{l} 
Dave Holden, \\
P.O. Box 385, \\
Doha
\end{tabular} \\
22, Douglas Way, \\
Qatar & Simonswood, \\
ARABIAN GULF & KIRKBY, \\
& Merseyside. \\
\hline
\end{tabular}

FCg TPCOMING ATTRACTIONS

Taking place at the Clubrooms - Tom Hall's
Tavern on Thursdays: --
\begin{tabular}{|c|c|c|c|}
\hline 2nd Narch & - D.J. John McLindon & 30th March & - D.J. Laurence Kelly. \\
\hline 9th March & - Art Night and Disco & 6 th April & - D.J. to be decided. \\
\hline 16th March & - Late extension - & 13th April & - D.J. to be decided. \\
\hline & Professional Disco. & 20th April & - Late extension. \\
\hline 23rd March & - Maundy Thursday - CLTBROOMS & & \\
\hline & CITOSED & & \\
\hline
\end{tabular}

EASTER Caravan Weekend

\(24^{T H}-26^{T+}\)
\[
\begin{aligned}
& \text { COST } \\
& \text { \& } 4-00 \\
& \hline
\end{aligned}
\]
- Elan Guiana Holiday Park

CAERNARVON
Details from=
BRIAN KELLER.

\section*{ACCOUNT OF L.C.R.A. TRIP TO LLANRWST, WALES 15 TH JANUARY 1978}

My thoughts on my first ramble:-
The notice in the Church porch said "Catholic Ramblers". "Hmmm" thought. I..............The following Sunday found me waiting for a coach to Llanrwst - the start of that particular walk. Some chap had chosen the same spot to wait as myself. I looked at his garb - jears and a kit bag - he could be a rambler. I broached him with "iscuse me are you waiting for the Catholic Ramblers". He gave me a very odd look and moved further down the road. I was still blushing when a coach drew up and kind words of introduction put me at my ease.

By lunch time we were in Wales and supping tea, which they called breakfast. I was ready for my dinner so was glad we had stopped. It was a quaint quiet cafe - well would have been without two dozen ramblers. At Trefriw, North West of Llanrwst, we disembarked and divided into two groups - those who believe rambling is a gentle art and savour scenery and wild life en route and those who prefer a brisker pace with little stopping. This way everyone is happy...I chose the latter group and, after wishing my new found friends bon voyage, I hastened after our leader, already disappearing into the distance. Our leader took us unerringly out of the village and through a coniferous wood. We were, climbing steadily all the time and were soon 350 ft . above the valley. Here we stopped for breath and a chance to drink in our surroundings.

On we went, the slope was gentler now and we had only to gain 200 ft . in height before the summit. By 3.00.p.m. we had achieved our object. From the mountain top we could see the Conway Valley to the East and Cowlyd Reservoir to the West. Here, on an outcrop of rock surrounded by heather, we ate our butties.

Moving on we forsook the path and followed the mountain ridge. We passed a frozen pond and skidded stones across its surface. No one volunteered to test its solidity, but nevertheless our leader counted our numbers ad we left. My eight compapions were great; cheerful, kind and with a very ready wit.

Night was now falling and just as the last shades of twighlight left the sky we entered Trefriw. With remarkable timing we were on the coach by \(6.00 . \mathrm{p} . \mathrm{m}\). and pulling into the 'Travellers Rest' as the doors opened at 7.00.p.m. Here we wiled away a happy evening recounting the adventures of the day, exchanging jokes and eating chicken and chips from a basket.

It was a tired but happy group that returned to Merseyside that night. To all my companions of that das, especially those with whom I walked, thanks for your company and friendship. I hope to see you all again on future rambles.

Anna M. Murphy

\section*{RAMBLERITE}

During the last few weeks attendance on Rambles has increased and I look forward to seeing continuing high attendances on a Sunday.

Rambles planned for the next few weeks are:-
26 February The Berwyns (N.Wales) John McDonald
3-5 March Keswick Weekend

12 March Dolwyddelen (N.Wales) Barry Lyon
19 March Fairfield (Lakes) Pete Kennedy
24-27 March Caravan Weekend
2 April

9 April
16 April
Bowfell \& Crinkle Crags (Lakes)

23 April
White Scar Caves (Yorks)
Gerry Roocroft

Pen-yr-Olewen (Nowales) Mike Lewis
Wuthering Heights (Yorks) Jim Adanson

\section*{NOTES}

The Fambles on l2th March to Dolwyddlen and 19 th March to Fairfield are both definite Rambles and the coach fare will be reduced to \(£ 1\). This is made possible because of the generosity of our driver, Mick Maple, who has kindly reduced his charges as a "Thank you" for our good business.

The trip on 9th April to White Scar Caves will, as the name suggests, be partly underground - rmember to bring torches.

Gerry Roocroft
RAMBLING CHAIRMAN


To All Members,
My wife and I would like to thank you for the privilege of being Guests of Honour on the occasion of your Jubilee Year Celebration. Also for the many social events to which we have been invited, and the friendship shown to us by all the members.

I, myself, have enjoyed the company of the Ramblers for a couple of years. Going on Rambles is a business transaction which works out very well for all of us, but the truth is, I have always been treated as a member and, because of this, I have been able to consider Sunday a day out and not a day of work.

Maureen \& Mick Maple.

\author{
Marie MoHugh \\ John Eaxly \\ Patricia McGonigle \\ Patrick McGonigle \\ Clare Juawson \\ Anne McGregor \\ Maureen Kibbey \\ Mary Hyms \\ Paul Healy \\ Freda Churchill
}

\section*{GOSSIP COLUMN}

Congrats...... to Ann, Maggie, Joyce \& Josie who took our publicity campaign for new members to heart and expect to introduce the new recruits later this year.......

The rumours about B.K. being 49 this birthday are not true (he assures me)

Handy hint for cold winter mornings STAY IN BED:

Bets are now being taken for the race between Mike Milne and Mike Mawdsley, which will take place at Keswick this March...........

JOKE..... Have you heard about the Irishman who couldn't sleep at night because of all the aeroplanes flying around his bedroom..... He had forgotton to turn off the landing light.......

WANTED....... new wind up key
for disco equipment
clockwork machinery isn't very effective without.

PUZZLE
\(5+5+5=500\)
By adding a single straight stroke make this sum correct..... Answer next newsletter.

Mike and Jim are going into parceership in the MYSTERY TOUR business.... They guarantee to loose you.


IF YOU HAVE ANY USELESS PIECES OF INFORMATION
OR UNINTERESTING BITS OF NEWS, PLEASE WRITE IT
DOWN AND LETT US ALL SHARE IT.....................
SHORT STORIES, ANECDOTES, ADVICE, ADVERTS, ETC., IN FACT ANYTHING THAT TIGHT BE OF INTEREST TO OTHER PEOPLE. THIS IS YOUR NEWSLETTER SO LET IT•BE FULL OP YOUR NEWS AND ARTICLES.


Advice to our new members......... Be prepared.... some of our walks tend to be on the WET side......... Bk ats all for now


PROGRAMME - PAMILY SECTION.
MAR 12. Delanmie forest. Meet Station Cax Park, 12-30 p.m. Leader, Bill NayIor.
APL.6. HOUSE MEFIING. The RoDerts's, 93 Childwall Road, Liverpool, 15.
APL.16. ILANGOLIEN, Meet Carparls in Town Centre, 12.30 p. m . Header C. Peloe.
HAY 4. HOUSE MEETING. The Macdonald's, 28 Ormonde Drive, Maghull.
MAY 14. GAWSWORTH. Leader M. Howard. \(\triangle 537\) out of Knutaford to A34. Thum \(\mathbb{F}\) towaxds Congletor, Irem Li \(\frac{1}{2}\). South of Marton. FoIlow sign to Horth Riode. Tume Left at Church.
CHATFIT SUNDAY. Those of ws too fond of our creature comforts or too hard worked to be able to apead the weckend at the chalet tumed up to foin the 'Residents' for the Surday ramble. We were made very welcome with hot cups of tea, biscuits and a warm fire to thaw our toes, but were not allowed to wallow for long. Out we were shepherded into the frosty Welsh air but, Oh, how lovely once we got over the shock.

政 was brilliantly sumy, and the walk over the fields, down into Fot Hole Valley and up the other side soon tempted some of our founger enthusiasts to remove a couple of their protective layers. We were walling elong quite hapiliy, chatting our heads of 1 when our \(\mathrm{Le}_{\mathrm{a}} \mathrm{der}\) decided weewere having it too easy, so instead of going arourd the hill he led the way straight up into a scramble. I mast confess to being a bit doubtful about whether some of the tinies could make it so we put thembetween us to help them, but we were'soon put right on that score. Thore were nothing but calls of "Horace, wait there"s Mimmie, don't go ary further 'til I get there", "Aggie, slow down, you're going too fasti (names are fictitious to protect their privacy). The rest of the party, howing rone around, and waiting anciously for heads to appear over the top, were fairly sumprised to see Junior appear first and tume to havl Ded up!

The view from the top was well worth the climib, but it was too cold to atama aromd for loneg so we set off for Bryis and across the fields, where the ultimate bonas of a beatiriul sumset brought us to the end of a most enjoyable day. Nany thantes, Bill, for one of the best.

> (She wouldn't let us put her to it).

Herers a precis of the \(\operatorname{HCCLBSTON}\) FHIRI writeup, as space is running out. On a vocy cold but dry and sumy day fifty of us, a troight spiash of colour against the ravted shades of mature, set off along the banks of the Dee, happily now frozen mad with it light covering of snow, instead of beime flooded, as last Sunday. Prule a "Winter Wordertands. One fanily, who shall be maneless, even maged a profitable bit of finhing on route, and though they might not hawe been able to have a banquet with their citch, at leawt they could hare a boll! (Soxuy).

The only sad incident of the day was when ome noppet hart her awn while trying to prove that we are in fact ciescended fron nonkeys, and very brovely twmed back with her fandly to wall all the woy back without complaining. Well Done, Helen.

The rest of ws had a stop for refuelling, and then camried on up into the village, back throwh the causoway and tiren to the car park, at the end of a happy day spent in good conpany ( except for those who haven't yet paid their SUBS, added the theasuretr)。
(Again she wouldn't let us pari her nane to it).
Pos. The sugcested Meroh dnce is now in Septeriber.

Despite the bad weather and in particular the gale force winds of the previous few days, the Ramblers' expedition to World's End took place on Sunday, 13 th November.

The 29 Ramblers travelled by coach to North wales, and began the days walking about 12.30. We kept together for awhile, although a few people. "went the wrong way", but were soon recovered. It was at this stage that the group separated into the \(A\) and \(B\) parties. The \(A\) party were taking a direct route to Llangollen over Fglwyseg Mountain so in order to give them a start, the \(B\) party decided to have a Butty Break. When we were suitably replenished, we set off on our exciting ramble.

On the way, our Leader, Lesley Clarke attempted to persuade a group from Manchester University to join us but they were determined to go their own way, despite the way Lesley shouted at them. We arrived at world's Find and came across a pair of boots all: alone - not a sole aboot: We climbed the side of Eglwyseg Mountain and found ourselves on a ridge from: which we had a really good view.

We then began to make our way down through farm land that was private with guard dogs, around the back of some lady's garden -- luckily she wasn't at home. At this point we had a decision to make - whether to cross the Stream (which was gradually rising) by the pulley or use the wooden door lying on the bank, as a bridge.
Rejecting both ideas, we retraced our steps and took another route toILangollen.

This really was an educational trip Lesley had arranged. We saw a sheepdog rounding up a herd of 3 cows. Further on we walked across a Rifle Range (but they didn't get us). By this time, it was a torch-light procession through more fields.

Eventually we found civilisation and the lights of Llangollen beckoned the weary B party. Pack on the coach, the A party looked in disbelief at our rosy cheeks, windswept hair, muddy boots, Maria's torn socks - all proof of our exciting day.

THE L.C.R.A. SONG
Tune - 'I'm a Rambler'
CHORUS If youlre a gambler, be a Rambler, And you'll go far from home But one thing is certain
You'll not be aione
For up hill and down dale wherever you roam,
There'll be Tom, Dick or Harry
To see you safe home.
(1) Round the Wirral they wonder and thro Arrow Park, They climb the Welsh mountains until
Thro' the beauties of Lakeland they're all led astray,
But they're still hale and hearty at
the end of the day.

\section*{CHORUS}
(2)

So, if you've a mind to go strolling along,
Just put on your rucksack and join in
a song.
Pay up in advance and don't argue just smile,
And you'll find yourself walking for mile after mile。

CHORUS```

